

CONTINENTAL BUFFET



NEWLANDS DINING & OAK ROOM

Sunday evenings from 5:30pm

TODAY'S SELECTIONS

(Selections change weekly)

COLD

- GF Mixed Garden Greens
- GF Classic Caesar Salad
- Oriental Salad
- GF Mixed Bean Salad
- GF Baby Corn Salad
- GF Roasted Beet Salad
- GF Tomato and Onion Salad

PLATTERS

- European Cold Cuts
- GF Seasonal Vegetable Platter
- GF North Atlantic Prawns
- GF Fresh Fruit Salad

ACCOMPANIMENTS

- Soup du Jour
- H GF Basmati Rice
with tumeric & almonds
- H GF Parmesan Wedge Potatoes
- H GF Balsamic Grilled Vegetables
- Rolls and Butter

CARVING

- GF Maple Glazed Ham
with a tangy mustard sauce
- GF Top Rounds of Beef

HOT ENTREES

- Smoked Pork Tenderloin
with a whiskey barbeque sauce
- GF Mediterranean Salmon
with tomato, olives & capers
- H GF Chicken a la Brasa
with spices, garlic and lime
- Sole Filet
with a lemon thyme butter sauce
- H Roasted Squash Alfredo Pasta
with butternut squash, parmesan & cream

SWEETS

A sumptuous assortment of cakes, fruit tarts, and pastries from the chef's sweet table

- GF Gluten Free
- H Halal